

Spotlight: Edible Cannabis in Canada, Part 1 of 4

February 2019

☀ Proposed edible cannabis regulations

...in Canada were published in [Canada Gazette I](#) (equivalent to the USA NPRM [Notice of Proposed Rule Making]), and are open for public consultation until **February 20, 2019**. A downloadable [summary chart](#) provides an at-a-glance overview of the proposed THC limit, formula restrictions, packaging, labelling and marketing constraints of edible cannabis, and as well, cannabis extracts and topicals.

☀ What's in

The proposed regulations have borrowed a few pages from existing legislation, such as:

- Nutrition labelling, ingredient statement and allergen declaration from the Food and Drug Regulations;
- Safe processing and traceability, from the Safe Food for Canadians Regulations;
- Health warning, similar to the Tobacco Products Labelling Regulations.

☀ What's out – spoiler alert

Most top-selling USA-legalized edibles (in 10 States, plus DC) would be banned in Canada. A.T. Kearney research reported in [Food Technology](#) (see below) indicates that of the Canadian respondents, ~20% will be disappointed to learn that an alcohol-cannabis beverage will be prohibited, a whopping 47% will not get a spoonful of cannabis with their vitamin pill, and some of 53% will not be able to pop a cannabis gummie bear prior to their yoga class.

☀ State-side calibration challenges

The Food Technology article warns that accurate THC edible dosing is “as difficult as it is important” wherein the difference between 5 mg and 10 mg can be one of “feeling better and feeling useless”. **FF**

©2019 International Food Focus Ltd., 211 Carlton Street, East Office, Toronto, ON M5A 2K9 E: focus@foodfocus.on.ca T: 416-924-3266 Food Fax is archived at www.foodfocus.on.ca

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